

SEE THE INDIVIDUAL -
NOT THE EXTREMIST

NO JUDGMENT -
JUST SUPPORT

**EXIT
HATE**



EXITHATE



START AGAIN

NO JUDGMENT JUST SUPPORT

WELCOME



Hi & welcome to the story of how a small group of dedicated people are trying to reduce extremism through education.

Our team seeks to help anyone who is involved in Extreme Right-Wing extremism.

Believing in No Judgement - Just Support, many of our team have been through the same process we are guiding people through, meaning we know what it's like to be involved in extremism and as such we won't judge, but will listen and show people how there is a better life away from hate and you don't have to stay involved if you don't want to.

Whether it's you, a family member, your best friend or even a neighbour. We will support anyone and try and help them in any way we can.

Standing by people we believe no one should ever be alone and that's why our charity will be there every step of the way, so people have the support they need.

Focused on the future, but respectful of the past, we know everyone makes mistakes and that's why Exit Hate exists, to make sure people can move on and start again.

Offering advice and mentoring support to people involved and families and friends with a loved one involved, our support is from lived experience, so we get it and never judge.

If you want advice, fancy a chat or just need a friend to talk to about extremism, then we are here for you. Email - info@exithate.org or call us on 0800 999 1945

EVERYONE
CAN CHANGE

NO JUDGEMENT -
JUST SUPPORT

UNDERSTANDING EXTREMISM

ANY IDEA CAN BECOME EXTREME, IF PEOPLE FEEL IGNORED, NOT VALUED OR VOICELESS WITH ISSUES BECOMING 10X BIGGER THAN THEY REALLY ARE

SEEKING TO ACKNOWLEDGE ISSUES PEOPLE ARE WORRIED ABOUT, WE NEVER JUDGE AND INSTEAD LOOK FOR NON-EXTREMIST SOLUTIONS.

UNDERSTANDING ALL EXTREMISM IS WRONG AND MAKES PROBLEMS WORSE, NOT BETTER, WE WANT TO KEEP PEOPLE AWAY FROM BEING USED AND OFFER PEOPLE AN ALTERNATIVE WHERE PEOPLE ARE LISTENED TO, NEVER JUDGED AND THERE ARE NO REPRISALS.

IF YOU FEEL VOICELESS, PLEASE TALK TO US, WE CARE, EXTREMISTS DON'T WE WANT TO KEEP YOU OUT OF TROUBLE AND NOT SEE YOU ARRESTED AND PUT IN PRISON.

PLEASE DON'T BE FOOLED BY PEOPLE ONLINE, EXTREMISTS USE PEOPLE AND WHEN THEY HAVE NO USE FOR YOU, THEY WILL DROP YOU, SO DON'T GET CAUGHT, TALK TO US INSTEAD

CALL 0800 999 1945 OR EMAIL INFO@EXITHATE.ORG
YOU DON'T NEED TO GIVE US YOUR REAL NAME
AND EVERYTHING YOU SAY IS IN CONFIDENCE.



INE - DO NOT CROSS

POLICE LINE - DO NOT CROSS

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WHY AND HOW ARE PEOPLE RADICALISED

Every story is different. Most people who get involved do so not because they hate people because of their colour or religion, but because they care. People are concerned about the world we live in and what the future holds.

Today the ERW (Extreme Right Wing) are experts in recruitment. They use different approaches for different people depending on the type of person individuals are, but the aim is always the same, to recruit and use people so core activists don't get arrested and go to prison themselves

Wanting to be seen as nice, most recruiters come across as friendly, they pretend to have similar interests and befriend people before they eventually try and recruit you. For some, by then it's too late and they have already succumbed to the charms of the extremists who by now have others whom they want to recruit to use, instead of putting themselves at risk. Simply put, extremists don't care & use.

So what can be done? Firstly talk to your real friends, your family and people you know. Yes, we get things on the news can make you angry, but is it worth putting your future at risk for?

The Extreme Right Wing in the UK has achieved nothing. Today they argue, turn on each other and even have drug dealers and child abusers in their ranks, so they are not the protectors they say they are.

Instead of being used by extremists, we need real solutions to difficult problems and we know this because we have been there ourselves & wasted years of our lives doing things we are ashamed of and in some cases traumatised by and this is why we don't want others to follow the path we did and regret those wasted years.

Today, you don't have to make those mistakes, instead, you can talk to people who understand, will listen and together we can look for real answers that work.

In 1939 if you were a patriot, you stood against the far-right, not with it, so talk to us, don't get used and together we can create a better country for all of us.

CAUTION

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EDUCATION

NO JUDGMENT JUST SUPPORT

IT'S TIME TO HAVE SOME DIFFICULT CONVERSATIONS

DISCUSSING HARD TOPICS IS TOUGH, BUT THE SECRET IS TO KEEP CALM AND LISTEN.

FOR MANY OF US HAVING DIFFICULT CONVERSATIONS, IS SOMETHING WE OFTEN TRY TO AVOID, BUT FOR US TO REDUCE THE NEED FOR PEOPLE TO TALK TO EXTREMISTS, MEANS WE NEED TO HAVE DIFFICULT CONVERSATIONS AND TALK ABOUT THINGS, WE MAY FIND UNCOMFORTABLE AND WE MAY EVEN DISAGREE WITH EACH OTHER ABOUT, BUT IT'S BETTER WE DO IT, THAN AN EXTREMIST WHO WILL ONLY USE PEOPLE.

BUT WHAT IS IT LIKE?

WELL, IT ALL STARTS WITH AGREEMENT TO LISTEN TO EACH OTHER, FIND OUT WHAT WORRIES PEOPLE HAVE AND LOOK FOR SOME SOLUTIONS.

WE SEEK TO SHOW PEOPLE THAT EDUCATION IS THE BEST WAY TO GET PEOPLE AWAY FROM SUPPORTING EXTREMISM AND SHOW THAT USING NAMES LIKE NAZI AND RACIST JUST MAKES THINGS WORSE, SO WE SHOW TEACHERS AND LECTURERS THAT HOW PEOPLE ARE ENGAGED WITH IS CRUCIAL IN SHOWING PEOPLE CAN VOICE THEIR CONCERNS, BE LISTENED TO AND NOT HAVE TO GO TO EXTREMISTS, WHO WILL USE PEOPLES WORRIES AND IT COULD END UP WITH PEOPLE GOING TO PRISON, IF WE DONT LISTEN NOW.

FROM LISTENING TO PEOPLE, WE CAN SHOW HOW ALL EXTREMISM IS WRONG AND INSTEAD, SOLUTIONS MUST BE SOUGHT WITH PEOPLE COMING TOGETHER AND NOT DIVIDING, BECAUSE THIS IS WHAT THE EXTREMISTS WANT

POLICE LINE - DO NOT CROSS

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DO SOMETHING

NO JUDGMENT JUST SUPPORT

CHANGE IS POSSIBLE

HERE TO HELP AND COME UP WITH PRACTICAL SOLUTIONS TO REDUCE THE APPEAL OF EXTREMISM, EXIT HATE SEEKS TO SHOW PEOPLE ITS OK TO BE PATRIOTIC AND PROMOTE INCLUSIVE PATRIOTISM, BASED ON PLACE NOT RACE.

ADVOCATING CARE FOR THE PLANET, PEOPLE CAN HAVE AN AFFINITY WITH THE LAND AND BY EMBRACING CARE FOR THE PLANET PEOPLE CAN ALSO WORSHIP THE OLD NORSE GODS MANY FEEL A DEEP AFFINITY TO, AS REAL HEATHENISM IS BASED ON BELIEF, AND NOT WHAT ETHNICITY YOU ARE. SHOWING CHANGE IS POSSIBLE WE BELIEVE EXTREMISM OFFERS NO REAL SOLUTIONS, BUT PEOPLE CAN EMBRACE HERITAGE NOT HATE AND BUILD A WORLD WHICH IS GOOD FOR ALL.

SHOWING EXTREMISM MAKES THINGS WORSE, NOT BETTER, WE KNOW FROM PERSONAL EXPERIENCE HOW WITH HELP PEOPLE CAN COME AWAY FROM HATE AND HAVE A GOOD LIFE WHERE YOU CAN BE PATRIOTIC AND CARE ABOUT THE PLANET, WITHOUT BEING AN EXTREMIST

IF YOU NEED SUPPORT OR WANT TO HELP SOMEONE COME AWAY FROM EXTREMISM TALK TO US.

YOU CAN CALL, EMAIL OR MESSAGE US AT:

0800 999 1945,

E: INFO@EXITHATE.ORG OR BY VISITING: [HTTPS://EXITHATE.ORG/INDEX.HTML](https://EXITHATE.ORG/INDEX.HTML)

CAUTION

CAUTION



**EVERYONE DESERVES
A SECOND CHANCE**

**NO JUDGMENT -
JUST SUPPORT**

TIME TO TAKE ACTION

So you have read this booklet and you may be involved yourself, have a friend involved or even a family member so what should you do?

Well the answer is simple, talk to someone you have options, you can talk to your friends who are there for you, your family who loves you or us , as we have benne there and done it, so we understand.

You arent on your own, people care and want to help, so now it's time for action.

If you want to talk to someone who understands then you can reach out to us.

You can email us at: info@exithate.org or call us on 0800 999 1945. Everything is in confidence, we are not the police and do this because we care and dont want people to mess things up like we did, instead we want people to either not get involved in the first place or walk away from extremism and have a life without fear, retreat or missed opportunities, so can we help?

To find out more you can have a look at our websites

**For more information and support visit:
<https://exithate.org/index.html>**

**For films, podcasts and more please visit:
<https://www.exithub.org>**



RESOURCES

LOOKING FOR RESOURCES, PLEASE CHECK THESE OUT:

1-EDUCATE AGAINST HATE- EDUCATEAGAINSTHATE.COM

EDUCATE AGAINST HATE PROVIDES ADVICE AND TRUSTED RESOURCES FOR SCHOOLS TO SAFEGUARD STUDENTS FROM RADICALISATION, BUILD RESILIENCE TO ALL TYPES OF EXTREMISM AND PROMOTE SHARED VALUES.

2-LET'S TALK ABOUT IT-LTAI.INFO

'LET'S TALK ABOUT IT' IS AN INITIATIVE DESIGNED TO PROVIDE PRACTICAL HELP AND GUIDANCE TO THE PUBLIC IN ORDER TO STOP PEOPLE FROM BECOMING TERRORISTS OR SUPPORTING TERRORISM.

3-HATE SYMBOLS-ADL.ORG/HATE-SYMBOLS

THIS DATABASE PROVIDES AN OVERVIEW OF MANY OF THE SYMBOLS MOST FREQUENTLY USED BY A VARIETY OF WHITE SUPREMACIST GROUPS AND MOVEMENTS, AS WELL AS SOME OTHER TYPES OF HATE GROUPS.

4-IREPORTIT APP-

[APPS.APPLE.COM/GB/APP/IREPORTIT/ID1527456430](https://apps.apple.com/gb/app/ireportit/id1527456430)

IREPORTIT IS A SMARTPHONE APP DESIGNED TO MAKE REPORTING ONLINE CONTENT TO LAW ENFORCEMENT QUICK, EASY AND SECURE. THE APP ALLOWS USERS TO REPORT ONLINE CONTENT ANONYMOUSLY.

5-ANN CRAFT TRUST-ANNCRAFTTRUST.ORG

A LEADING UK AUTHORITY ON SAFEGUARDING ADULTS AND YOUNG PEOPLE AT RISK.

EXITHATE

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